

Ready for
summer



MIRABEL

The Mirabel Clinic
01793 321180

Welcome to Mirabel Clinic

Swindon's longest-established doctor-led,
CQC-registered medical aesthetics clinic.

Founded in 2006, Mirabel Clinic is led by Doctor Alison Brooks, a General Practitioner and Member of the Royal College of Physicians, British College of Aesthetic Medicine and Aesthetics Complications Experts Group. With over 15 years of experience in the aesthetics industry, you are in very safe hands.

As Spring begins and we start to think about how we can look and feel more refreshed, youthful and vibrant for the warmer months ahead, you can be sure that we will have the perfect solution here at Mirabel Clinic.

We have researched and chosen the very best of the best, so you can attain that refreshed glow you're looking for.

A consultation will allow us to tailor treatments to you. To book, simply contact our friendly team today.



A photograph of a woman lying on her back on a sandy beach. Her legs are raised and bent at the knees, with her feet pointing towards the top right corner of the frame. She is wearing white bikini bottoms. The background shows the ocean with gentle waves and a clear blue sky. The overall mood is bright and summery.

Get ‘summer ready’ with laser hair removal

If you experience excessive or unwanted hair you may be dreading the summer months, when we tend to bare more flesh. In addition, endless shaving, waxing or creaming can be tedious and quite uncomfortable at times. If this resonates with you, you may be thinking about undergoing laser hair removal to get your unwanted hair under control for the warmer weeks ahead.

Mirabel Clinic offers laser hair removal for most skin and hair types, helping you achieve permanent reduction of unwanted or excess hair with minimal discomfort.

Why should I consider laser hair removal?

Laser hair removal is a longer-term solution to unwanted hair and can offer permanent hair reduction for most suitable patients. Our GentleMax Pro system emits specific wavelengths of light into the hair follicle, killing the root. Your hair grows in three cycles, and as the laser light only affects hairs in the Anagen phase (the growing phase), it's important to have a course of treatment for the very best results.

This usually consists of a having 8-10 treatment sessions spaced 4 to 6 weeks apart, depending on the thickness of the hair and your skin tone.

Am I suitable for laser hair removal?

Laser hair removal works by targeting melanin, so it's important to target only hair which has a pigment at the root (so very bright red, white or blonde hair will not respond to this treatment). It's also important to understand that if you have very dark skin, this treatment might not be suitable for you, as the light will target the pigment in your skin, instead of your hair follicles, potentially burning it.

Speak to a member of Mirabel Clinic on 01793 321180 or email info@mirabelclinic.co.uk to book a complimentary, no-sell consultation.



Chemical peels that reveal the youthful you



Before the summer, it might be worth considering a course of chemical peels to reveal smoother, more evenly toned and hydrated skin. Chemical peels work by exfoliating the skin chemically, using fruit or sugar acids to slough away dead skin cells, fake tan, excess oils and pigmentation.



At Mirabel Clinic we offer the Enerpeel® range of peels. Clinically proven to be effective for a variety of skin concerns, from dullness and dehydration to oily, acne-prone skin and hyperpigmentation.

We do not recommend undergoing peels in the summer months when strong sunlight could cause pigmentation to newly treated skin. Spring would be the perfect time to undergo a course of peels, to reveal smoother, more youthful looking skin and banish that winter dullness.



What can Enerpeels® treat?

- Pigmentation
- Acne and Acne scars
- Rosacea and Redness
- Actinic Keratosis
- Solar Elastosis
- Solar Lentigo
- Melasma
- Superficial Scars
- Radiation Keratosis
- Dermatoheliosis
- Post-inflammatory Hyperpigmentation





Cleanse, extract, exfoliate, restore with HydraFacial

HydraFacial is a beautiful, restorative and gentle treatment to deep cleanse, extract impurities and deliver a cocktail of potent hydrating ingredients to your skin.



This is a globally renowned, pain-free procedure which uses a unique vortex extraction system and serum delivery all in one treatment.

Having a DELUXE HydraFacial is effectively like getting six individual facial treatments, in one process. Each new step complements and enhances the previous one, ultimately leaving you with healthy, radiant skin.



What is Vortex-Fusion technology?

The spiral design of HydroPeel® Tips, used in conjunction with the HydraFacial proprietary vacuum technology and serums, creates a vortex effect to easily dislodge and remove impurities while simultaneously delivering hydrating skin solutions.

HydraFacial is completely pain free and offers no downtime. It's gentle enough to have at least once a month, or before a special occasion, for that skin glow we all desire. HydraFacial can be used in conjunction with other more ablative or aggressive treatments to calm and soothe the skin.

Perfect for the Spring and Summer months when the sun can dehydrate the skin and excess oils can become a problem. Book a HydraFacial and soothe irritation, deeply cleanse and intensely hydrate your skin, any time of year.



Speak to a member of Mirabel Clinic on 01793 321180 or email info@mirabelclinic.co.uk to book a complimentary, no-sell Hydrafacial consultation.

Tried and tested

Reliable anti-ageing solutions



Wrinkle-smoothing injections offer fast results for those wishing to smooth dynamic lines and wrinkles such as crow's feet,

forehead lines, glabellar lines (the lines between the eyebrows), and brow lifting.

Commonly referred to in public as Botox® (a brand name of Botulinum Toxin Type A), this treatment should only be prescribed and administered by a medical professional. Botox® is a neurotoxin which temporarily relaxes the muscles which cause expression lines. The treatment is quick to administer, and results can be seen in as little as 24 hours whilst the full effect is achieved after 14 days.

It is a prescription-only medicine and should be used safely, as at our Swindon aesthetic clinic.

Unlike dermal fillers, wrinkle-smoothing injections do not 'fill' but will relax facial muscles for a smoother skin appearance. Botox® and dermal fillers can be used in conjunction, for a holistic approach to injectable anti-ageing, as they address two different types of wrinkles. Results last up to 6 months at a time.



Skin boosters a skin remodelling treatment from within



Skin boosters revitalise the skin, improving its appearance and texture, while slowing the ageing process on a cellular level. Unlike dermal fillers, skin boosters tend to be more fluid in their consistency and address skin concerns on many points of the face.



If you prefer not to augment your facial features and wish for a more natural skin improvement, skin boosters are a great way to boost your skin's firmness and hydration.

A course of treatment may be required for optimum results and your practitioner will advise you whether Prophilu or BELOTERO Revive will be the best product for your individual needs. At the time of going to press we are trialling an exciting new skin booster - Plinest - an innovative polynucleotide-based injectable gel combined with hyaluronic acid.

We hope to add it to our portfolio.

Dermal fillers plump, fill, hydrate, re-shape, lift and support

Famous for lifting, sculpting, re-shaping and hydrating, dermal fillers are one of our most popular injectable treatments and are suitable for those wishing to address a myriad of skin and facial concerns. These are gel-like products containing hyaluronic acid (HA), a natural substance which occurs in the skin which hydrates, plumps and revitalises.



As we age the delicate skin under the eye becomes lax and the cheek fat descends into the middle of the face leaving semi-circular creases and depressions known as tear troughs. These depressions make the eyes look sunken and produce the illusion of darkening around the eyes resulting in dark circles or tired eyes.



Dermal fillers are highly versatile and can offer a range of benefits, they include:

- Filling static deep lines, crevices and folds
- Increasing volume in sunken areas such as the temples and cheeks
- Plumping and re-shaping the lips
- Redefining the tear trough area
- Cheek enhancement
- Jawline contouring
- Chin contouring
- Hand restoration





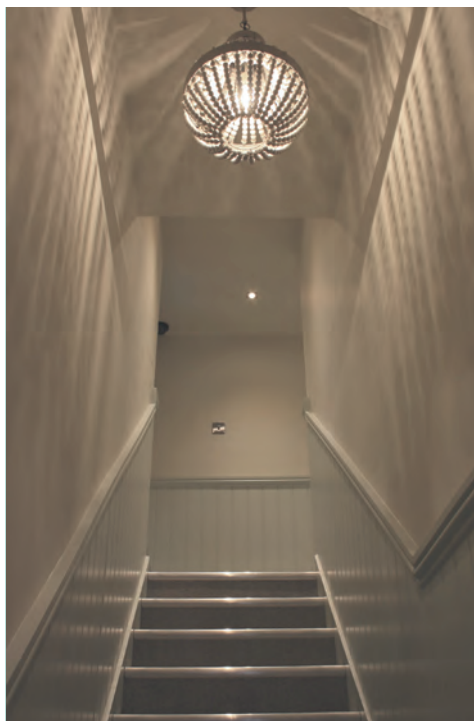
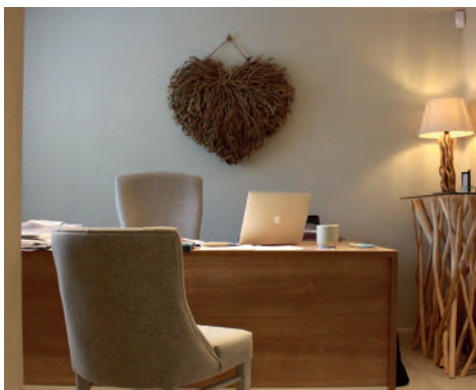
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At Mirabel Clinic you will find a wide range of non-surgical treatments which will help you to restore, enhance and maintain naturally youthful looks.

We specialise in cosmetic dermatology, skin-rejuvenation techniques, anti-wrinkle injections, IPL and laser treatments.

These treatments help with wrinkles, age spots, facial blemishes, ageing skin, acne and hair removal.

With our no obligation, complimentary consultations, you are able to see the clinic, meet the practitioner and ask any questions before deciding to have any treatment.



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